



FACE

# FIBROBLAST AFTERCARE

[youareface.com](http://youareface.com)

# Plasma Fibroblast Skin Tightening

## AFTERCARE & HEALING

The healing cycle unfolds in two stages over 3 months, at which time the final results will be realized.

### **Fibroblast Healing Stage 1: Scab Dots in Treatment Area**

Face dots shed approximately 4 - 14 days following treatment. Dots on the body often take longer than the face.

No sun! Avoid all sun exposure by keeping a physical barrier between your treatment area and sunlight.

No products, liquid, sweat or steam! Keep area clean and dry. Do not apply sunscreen or makeup.

No picking or friction on scabs! Allow scabs to come off on their own. This will ensure the best possible result and avoid scarring, hyperpigmentation and infection.

### **Fibroblast Healing Stage 2: Dots No More!**

Stage two begins when the last dot has fallen and continues until 3 months from the date of treatment has passed. You may apply makeup at this stage and slowly return to your normal skin routines.

Always apply broad spectrum SPF 50 to the treatment area and update every 80 minutes.

Avoid harsh products (like acids, peels or physical exfoliants) until the 8 weeks post treatment healing point. Use common sense: if it doesn't feel good, then don't do it. Patch test and re-introduce active ingredients slowly.

Visit [youareface.com](https://www.youareface.com) for more information and helpful hints on optimizing healing and results.